



Mobility Counselling Hofstede's 'Onion' Model

- Study together „Onion“ picture
- In group evaluate how important these layers are
- ✓ *How would one feel if they don't have job*
- ✓ *How would one feel if they don't have good accommodation*
- ✓ *How would one feel if the local food is different*
- Lay out individually first most important layer
- Think or discuss would you move to another country
- ✓ *If yes-what would be the main obstacle*
- ✓ *If no- what would be the reason*



Referring to the onion picture

- What would be the **biggest obstacles**;
- How to encourage people **to overcome** the fear:
 - ✓ *Get used to different food*
 - ✓ *Get used to speak different language*
 - ✓ *Get used to been not around family*
- What about my own values, do these values support mobility in general? (ecological, social)

Individually put the thoughts on post-it note, talk trough in groups and place them together on whiteboard to present other groups.



Timetable

- Form group with 4 people (2 x 2 jobshadowing pair)

14:30-15:15

- Within a group discuss first the influence of union layers
 - ✓ *how the client would feel without one or two or no layers*
 - ✓ *share your own thought-how would you feel and discuss about your own feelings of been mobile –can be done just between 2 people*

15:15-16:00

- Back to groups and discuss about possible obstacles and how do get over these
 - ✓ *Use post-it notes to collect thoughts and prepare presentation for other groups*

16:00-17:00 *Groups presenting they work*



Peer group supervision

Peer Group Supervision participants should reach an agreement on several conditions concerning basic attitudes and cooperation, in order to create a productive and trustful group atmosphere for the Case Presenter.

Conditions for Peer Group Supervision within the group setting

- **Trust:** participants who trust each other will speak more openly
- **Confidence:** information about cases and the group process should remain confidential within the group
- **Support:** participants should endeavour to support each other
- **Appreciation:** mutual esteem promotes openness



Timetable

Form group with 3 people:

- Case Presenter
- Moderator
- Supervisor

14:45-15:00- forming the groups agreeing the schedule

15:00-15:30- first group supervisor

- 10 min case presentation
- 10 min supervisor session
- 10 min moderator feedback+ discussion

15:30-16:00- changeover

16:00-16:30- changeover